



Norkova Soul Sisters


APRIL SMALL GROUP DISCUSSION

Welcome Soul Sisters!!


Please journal or jot down some notes on the discussion topics below. The ones in orange are "required." (*Nothing in this group is every required, but if you can ponder them in your free time, and journal some notes if you have time).

For the questions below in the pink, please pick at least 2 to think and / or journal about. Please do these prior to your small groups so you can make the best use of your time! You are of course free to talk about whatever you feel you need to in your group, these are just a starting point and a guideline.


REQUIRED * JOURNAL PROMPTS




What intentions do you have for this next season of life?




What are you currently doing to achieve these goals or intentions?



What do you want to start doing or do more consistently in order to achieve these goals?



What challenges have stopped you from achieving them in the past?




What does progress look like to you?


PLEASE PICK AT LEAST 2 OF THE PROMPTS BELOW




What do you completely love doing the most? Explain




Who in your life has positively impacted you the most? What is your favorite trait(s) about them?




What skill/gift/ability do you possess that the world needs the most? Describe in detail




What do you think is stopping you in stepping up to your highest potential?



What primary challenges and obstacles are you currently facing?



Where are you putting your focus in your life right now?



Why do you think you aren't where you want to be right now? Or....are you where you exactly need to be? Write down some ways how you can live in the present and appreciate the little things, while also taking steps toward a better you